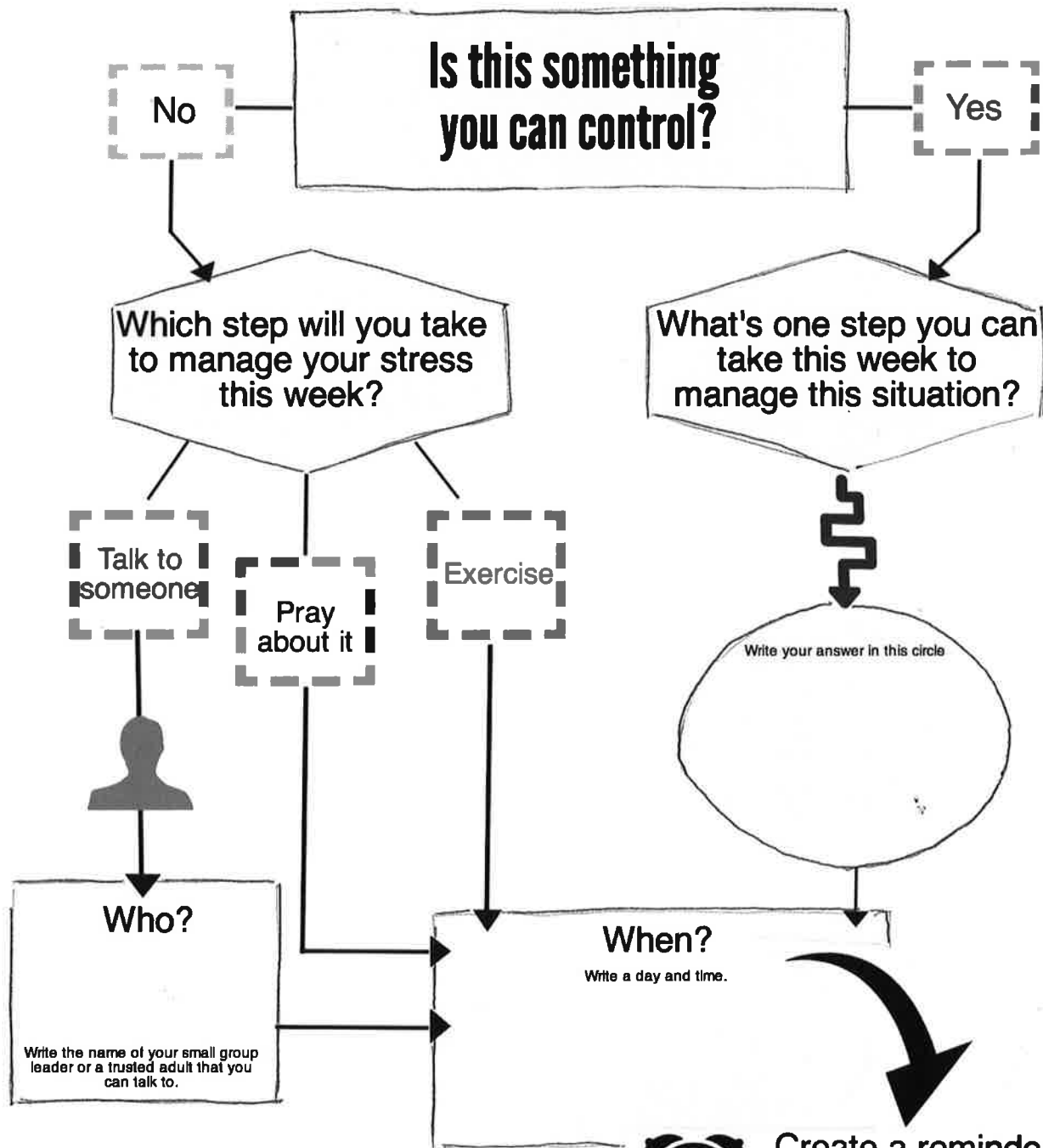


# What STRESSES you out?

(Write one thing here)



## Will you trust God with this stress?

- 1) Reflect on it and name it (you're doing that here)
- 2) Rest in Jesus and take it to Him (Colossians 3:3 and 1 Peter 5:7)
- 3) Re-Do the situation. Get the horses ready, and trust the victory to Him.